

ATHLETE E-BOOKLET







The Khelo India Scheme aims to encourage sports all over the country.

Strengthening the sports eco-system in India by promoting the twin objective of mass participation and promotion of excellence in sports.







5 VERTICALS FOR KHELO INDIA

Sports Competitions and Talent Development Promotion of Inclusiveness through Sports

Khelo India Centers and Sports Academies

Creation and Upgradation of Sports Infrastructure

Fit India Movement



KIYG will help in promoting cultural exchange between member states.



Culture Value





The members States gather in different cities and venues to create a healthy disciplined show of sportsmanship.



Vision & Mission

The vision for KIYG is to be an aspirational platform for top sporting talent in the country.



The games intend to build suitable sporting environment for the athletes in the country.



One of the major aims of KIYG is to provide a platform for identification of talented athletes across the country.









SPORTS DISCIPLINES OF KIYG 2022





GAMES SCHEDULE

							KIYG 2022	2-13 Days									
SN	Sport	Days	City	Dates	30-Jan-23	31-Jan-23	01-Feb-23	02-Feb-23	03-Feb-23	04-Feb-23	05-Feb-23	06-Feb-23	07-Feb-23	08-Feb-23	09-Feb-23	10-Feb-23	11-Feb-23
				Venue	Day 1 (OC)	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13(CC)
1	Athletics LIVE	3	Bhopal	Athletics Track T.T. Nagar Stadium, Bhopal						Athletics - 3 Days	8						
2	Wrestling LIVE	5		DSYW Hall T.T. Nagar Stadium, Bhopal											Wrestling -5 Da	ys	
3	Boxing LIVE	5						Boxing-5 Days									
4	Shooting LIVE	6		M.P. Shooting Academy. Bhopal					Shootin	g- 6 Days							
5	Kayaking & Canoeing	3		M.P. Water Sports Academy, Upper Lake Bhopal			Kayak	ing & Canoeing-	3 Days								
6	Rowing	3												Rowing- 3 Day	s		
7	Volleyball LIVE	5		Indoor Hall SAI, Bhopal		١	/olleyball- 5 Day	/S									
8	Judo	4												Judo-	4 Days		
9	Swimming	5		Prakash Tarun Pushkar, Bhopal											Swimming - 5 D	ays	
10	Basketball	5	Indore	Basketball Complex, Indore			I	Basketball-5 Day	s								
11	Weightlifting LIVE	5											W	eightlifting- 5 d	ays		
12	Table Tennis	5		Abhay Prashal, Indore		Ta	ble Tennis -5 Da	ays									
13	Kabaddi LIVE	5											Kabaddi- 5 Day	/\$			
14	Football (Boys)	10		Football Ground, The Emerald Heights							Football-	10 Days					
*15	Tennis LIVE	5		Indore Tennis Club										Tennis - 5 Days	1		
16	Badminton	4	Gwalior	M.P Badminton Academy, Kampu Gwalior			Badminto	n- 4 Days									
17	Hockey	7		M.P Women Hockey Academy, Kampu									Hockey -7 Days	s			
18	Gymnastics	5		LNIPE, Gwalior					Bymnastics-5 Da	iys							
24	Kalarripayattu	3												Ka	llarripayattu- 3 D	ays	
19	Yogasana LIVE	3	Ujjain	Madhav Seva Nyas Hall, Ujjain				Yogasana- 3 Day	8								
20	Mallakhamb	5											Ν	Mallakhamb-5 Da	iys		
21	Archery	4	Jabalpur	Jabalpur (Ranital Sports Complex)				- 4 days									
22	Kho Kho	5	-	Cycling Complex ,Jabalpur (Ranital Sports Complex)			Kho Kho- 5 days	5									
23	Fencing	5	-											Fencing- 5 Days			
25	Cycling Road	2		Kajuri Road, Jabalpur											-2 Days		
26	Thang-Ta	3	Mandla	District Sports Complex, Mandla											Thang-Ta -3 day	8	
27	Gatka	3							Gatka -3 Days								
λ -14	Football (Girls)	10	Balaghat	Football Ground, Balaghat							Football	- 10 Days					
R-5	Slalom	2	Khargone (Maheshwar)	Maheshwar (Khargone)								Slalom	1-2 Days				
R-25	Cycling-Track	3	Delhi	IG Stadium					Track- 3 Days								
C: Opening Ceremony, CC: Closing Ceremony																	



Before Travelling to KIYG 2022

Please make sure you bring the following

- Any two of the following documents:
 - Aadhaar Card or Passport
 - Matriculate Certificate
 - Birth Certificate (issued at least 5 years ago i.e., on or before 01 January 2017 by Municipal Corporation/ Gram Panchayat)
 - Personal Sports Kit

On the Way to KIYG 2022

Though our SLOs are aware of your travel plan, please keep your SLOs informed about your arrival time.



INFORMATION OF STATE LIASONING OFFICERS



State Liaisoning Officers

SN	Name	Assigned State/UT	Contact
1	Atharva Ajgaonkar	Andhra Pradesh	91372 92600
2	Sabareenath Namboodiri	Arunachal Pradesh	76399 59414
3	Hrishi Sinkar	Assam	98198 03731
4	Faisal Arif	Bihar	95190 92551
5	Sayantan Kundu	Chandigarh	90512 16666
6	Dhamotharan K	Tamil Nadu	99626 78619
7	Neha Mishra	Chhattisgarh	98083 59720
8	Zaraar Shaikh	Ladakh	97699 10616
9	Pratyush Sanoj	Delhi	77249 57044
10	Sahil Nautiyal	Diu Daman & Nagar Haveli	70552 61122
11	Bhavya Chopra	Goa	88511 96789
12	Aniket Borse	Maharashtra	99691 20408



State Liaisoning Officers

SN	Name	Assigned State/UT	Contact
13	Pingal Patil	Haryana	84696 55233 / 63529 62278
14	Subhajyoti Roy	Himachal Pradesh	90648 95694
15	Shraddha Chopra	Gujarat	70380 31961
16	Sachin Kumar	Jammu & Kashmir	93040 45604 / 91626 88080
17	Akash Das	West Bengal	84205 17872
18	Virendra Chavan	Jharkhand	89998 03338
19	Anirban Roy	Manipur	90025 46404
20	Alister Naissary	Uttarakhand	97692 52164
21	Ayan Pandey	Lakshadweep	99672 63342
22	Nidhi Shah	Madhya Pradesh	98192 47507
23	Noel Chikodi	Karnataka	70397 56385
24	Tanvi Pitlekar	Meghalaya	79775 14369



State Liaisoning Officers

SN	Name	Assigned State/UT	Contact
25	Avik Basak	Mizoram	90732 03110
26	Kaivalya Ghadge	Nagaland	87796 42503
27	Aditya Ramachandran	Kerela	91378 35305
28	Tanay Sabloak	Odisha	81691 63850
29	Aditya Gupta	Puducherry	70215 70875
30	Bhakti Ingale	Punjab	98815 39139
31	Ishaan Ranadive	Andaman & Nicobar	77382 40300
32	Siddhant Dalvi	Rajasthan	83696 19327
33	Kritagya Mishra	Sikkim	75979 49209
34	Vrushali Kamble	Telangana	86899 07125
35	Abhishek Ojha	Tripura	73556 59576
36	Hrithik Mohite	Uttar Pradesh	88283 70522



Supervisors of State Liaisoning Officers

Note – In case if the assigned SLO's are not reachable under any unforeseen circumstances, the following individuals may be contacted for assistance

SN	Assigned State / UT	Assigned State/UT	Contact	
	Delhi			
	Rajasthan			
1	Arunachal Pradesh	Amruta Kulkarni	97691 74230	
	Jammu & Kashmir	Amruta Kuikami		
	Nagaland			
	Manipur			
	Tamil Nadu		98924 73604	
	Kerala			
2	Maharashtra			
2	Himachal Pradesh	Amey Karbhari		
	Andaman & Nicobar			
	Bihar			



Supervisors of State Liaisoning Officers

Note – In case if the assigned SLO's are not reachable under any unforeseen circumstances, the following individuals may be contacted for assistance

	SN	Assigned State / UT	Assigned State/UT	Contact	
		Gujarat			
		Haryana			
	3	Chandigarh	Ashutosh Jadhav	97022 57087 / 87798 71804	
	5	Daman	Ashutosh Jaunav		
		Goa			
		Mizoram			
		Madhya Pradesh		70210 63194	
		Punjab			
	4	Karnataka			
	4	Meghalaya	Vedanth Devadiga		
		Sikkim			
		Odisha			



Supervisors of State Liaisoning Officers

Note – In case if the assigned SLO's are not reachable under any unforeseen circumstances, the following individuals may be contacted for assistance

SN	Assigned State / UT	Assigned State/UT	Contact	
	Uttar Pradesh			
	Assam			
5	Chattishgarh	Harleen Kaur Kohli	79770 34505 / 73049 04505	
5	Puducherry	nancen Rauf Ronn		
	Uttarakhand			
	Andhra Pradesh			
	West Bengal		95577 81403	
	Telangana			
6	Jharkhand			
0	Ladakh	Sparsh Gupta		
	Lakshadweep			
	Tripura			



Emergency Contact List - Bhopal

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
Joint Director - DSYW	BS Yadav	98267 86541
Accommodation	Kedar Kulkarni	99307 78892
Catering	Shameer Shaikh	70453 51805
Transport	Parvinder Bharaj	98195 66039
Medical	Dr Rajesh Chodhary	98275 54923
Phonal Airport	Vaibhav Mistry	97697 29027
Bhopal Airport	Sukhbir Solanki	98376 39191
	Shailesh Sanap	98190 55984
Bhopal Railway Station	Shubh Zaveri	84258 16581
	Imran Kawser	93206 01919
Rani Kamlapati Railway	MD.Hidayatullah	97484 85261
Station	Chandan Saswade	99695 34965
	Rahul Thakur (ISBT)	70423 81899
	MD.Firoz (Halalpur)	90731 37588
Bhopal Bus Stand	Ricky Bagade (ISBT)	90827 56994
	Girish Dayma (Halalpur)	99206 44071
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1090

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Emergency Contact List (Venue) - Bhopal



Sport	Venue	Venue Incharge	Number
Athletics	TT Nagar Stadium	Vani Sahu	98260 30126
Boxing	DSYW Hall, TT Nagar Stadium	Dr. Pradeep Asteya	78294 62027
Wrestling	DSYW Hall, TT Nagar Stadium	Dr. Pradeep Asteya	78294 62027
Shooting	MP Shooting Academy	Sanjeev Gupta	98276 88881
Swimming	Prakash Tarun Pushkar	Kshipra Shirvastav	90981 11921
Canoeing & Kayaking	Water Sports Academy, Upper Lake	Kshipra Shirvastav	90981 11921
Rowing	Water Sports Academy, Upper Lake	Kshipra Shirvastav	90981 11921
Volleyball	Indoor Hall, SAI	Sanjeev Gupta	98276 88881
Judo	Indoor Hall, SAI	Sanjeev Gupta	98276 88881



Emergency Contact List - Indore

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	Reena Chouhan	98266 51016
Accommodation	Mahesh Phadkar	98203 07579
Catering	Milind Koregaonkar	98200 02562
Transport	Juzar Malik	98331 15152
Medical	Dr. B.S Setiya	78692 90702
Indoro Airport	Nazma Sardar	97692 06307
Indore Airport	Yateen Phatak	99676 85894
	Aditya Sathe	98927 85537
Indoro Poilwov Station	Rahul Thorat	99872 13129
Indore Railway Station	Manav Sharma	77098 03973
	Ebrar Ashraf	84780 53945
Indore Bus Stand	Sunil Kondam	99080 02525
Indore bus Stand	Atharwa Khandare	74996 60789
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1091



Emergency Contact List (Venue) - Indore

Sport	Venue	Venue Incharge	Number
Basketball	Basketball Complex	Hemant Suvir	94253 47250
Weightlifting	Basketball Complex	Hemant Suvir	94253 47250
Table Tennis	Abhay Prashal Sports Complex	Santara Ninama	91792 54275
Kabaddi	Abhay Prashal Sports Complex	Vijay Salam	94259 73559
Football (Boys)	Emerald Heights International School	Roop Singh Kalesh	99260 05821
Tennis	Indoor Tennis Club	Ruchi Sharma	90981 11921



Emergency Contact List - Gwalior

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	Joseph Baxla	70490 10656
Accommodation	Reeshabh Bhat	99876 62883
Catering	Pratik Pathak	73039 63838
Transport	Somnath Jana	98922 98997
Medical	Dr. Manish Sharma	94254 18488
Gwalior Airport	Berjis Daruwala	98215 46249
Gwalior Railway Station	Somnath Jana	98922 98997
Gwallor Naliway Station	Niranjan Raibagkar	90294 44448
Gwalior Bus Stand	Donavin Menezes	99302 09102
Gwalior Railway Station Bus Stand	Rohan Surej	84540 60610
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1090



Emergency Contact List (Venue) - Gwalior

Sport	Venue	Venue Incharge	Number
Badminton	MP Badminton Academy	K K Khare	96502 25727
Hockey	MP Women Hockey Academy	KK Khare	96502 25727
Gymnastics	LNIPE, Gwalior	Arvind Rana	94257 71216
Kalarippayattu	LNIPE, Gwalior	Vijay Salam	94259 73559





Emergency Contact List - Ujjain

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	O.P Harood	94259 67562
Accommodation	Pradeep Trivedi	99609 01321
Catering	Anurag Jhalani	98210 14916
Transport	Pankaj Satardekar	98338 21946
Medical	Dr. Manish Sharma	94254 18488
Lijin Prikury Station	Pankaj Satardekar	98338 21946
Ojjani Kanway Station	Vinay Nerurkar	88284 98929
Nakhande Bus Stop	Ganesh Pawar	90046 60406
Dewas Gate Bus Stand	Dinesh Gala	98210 76651
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1090
	24*7 Helpline number District Sports Officer Accommodation Catering Transport Medical Medical Ujjain Railway Station Nakhande Bus Stop Dewas Gate Bus Stand	24*7 Helpline numberToll Free NumberDistrict Sports OfficerO.P HaroodAccommodationPradeep TrivediCateringAnurag JhalaniTransportPankaj SatardekarMedicalDr. Manish SharmaUjjain Railway StationPankaj SatardekarNakhande Bus StopGanesh PawarDewas Gate Bus StandDinesh GalaPoliceToll Free Number





Emergency Contact List (Venue) - Ujjain

Sport	Venue	Venue Incharge	Number
Yogasana	Madhav Sena Nyas Hall	Bijendra Devada	78986 31987
Mallakhamb	Madhav Sena Nyas Hall	Bijendra Devada	78986 31987



Emergency Contact List - Jabalpur

	Department	Name	Number
	24*7 Helpline number	Toll Free Number	1800 2022 728
	District Sports Officer	Ashish Pandey	96911 15793
	Accommodation	Ms. Alka Vats	98994 60033
	Catering	Viraf Sidhwa	90046 82142
	Transport	Rohan Suvarna	98199 73283
	Medical	Dr. Sanjay Mishra	98261 63178
	Jabalpur Airport	Ajit Mapgaonkar	99678 20344
		Nirvan Yevle	90293 69120
	Jabalpur Railway	Venkat Narayan	90040 84004
	Station	Vipul Jagtap	98197 68166
	Madan Mahal Railway	Winston	98233 83857
	Station	Robin Britto	98238 33169
	lahalaran Dara Chanal	Mohd Baber	70031 10199
	Jabalpur Bus Stand	Mohd Azharuddin	70036 80775
	Police	Toll Free Number	100
	Women Helpline	Toll Free Number	1091





Emergency Contact List (Venue) - Jabalpur

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Sport	Venue	Venue Incharge	Number
Kho Kho	Cycling Complex (Ranital Sports Complex)	Rajendra Koshta	97536 43490
Archery	Ranital Sports Complex	Sunita Yadav	94251 88104
Fencing	Cycling Complex (Ranital Sports Complex)	Sunita Yadav	94251 88104
Cycing (Road)	Kajuri Road	Vijay Bhar	98938 58858



Emergency Contact List - Mandla

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	Ravindra Thakur	94256 93111
Accommodation	Aldrin Dias	99870 55511
Catering	Vinod Kshirsagar	88288 42555
Transport	Nihal Kothare	98212 46056
Medical	Dr. Shrinath Singh	94251 65158
Mandla Railway Station	Nihal Kothare	98212 46056
Gondia Railway Station	Rajvinder Singh	96503 41789
Bus Stop	Nihal Kothare	98212 46056
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1090



Emergency Contact List (Venue) - Mandla



Sport	Venue	Venue Incharge	Number
Gatka	Indoor Stadium, District Sports Complex	Ramrav Nagale	98930 25657 / 89824 06404
Thang – Ta	Indoor Stadium, District Sports Complex	Ramrav Nagale	98930 25657 / 89824 06404





Emergency Contact List - Balaghat

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	K. Chaurasiya	87704 82103
Accommodation	Ms. Sonali Piprodia	98204 92266
Catering	Ms. Marina Coutinho	98206 23642
Transport	Rajvinder Singh	96503 41789
Medical	Dr. Manoj Pandey	94254 47410
Gondia Railway Station	Rajvinder Singh	96503 41789
Balaghat Railway Station	Rajvinder Singh	96503 41789
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1091



MADIYA PROSN

Emergency Contact List (Venue) - Balaghat



Sport	Venue	Venue Incharge	Number
Football (Girls)	Mulna Stadium Football Ground	Manu Dhurve	90095 47335



Emergency Contact List - Maheshwar

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
District Sports Officer	Pavi Dubey	81090 88898
Accommodation	Amir Gadawala	97697 29190
Catering	Vijendra Pansare	99704 64614
Transport	Amar Ayare	99306 64004
Medical	D.S Chauhan	70005 54847
Khandwa Railway Statation	Amir Gadawala	97697 29190
Maheshwar Bus Stand	Amar Aiyre	99306 64004
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1090

Emergency Contact List (Venue) - Maheshwar

Sport	Venue	Venue Incharge	Number
Slalom	(Khargone) Maheshwar	Pavi Dubey	81090 88898



Emergency Contact List - Delhi

Department	Name	Number
24*7 Helpline number	Toll Free Number	1800 2022 728
Accommodation	Swaranjeet Singh	98998 92345
Catering	Rahul Kumar	90503 86128
Transport	Vikas Ghai	98714 21089
Airport	Vikas Ghai	98714 21089
New Delhi Railway Station	Rakesh Ranjan	95403 52906
Nizamuddin Railway Station	Rahul Kumar	90503 86128
ISBT Bus Stand	Rakesh Ranjan	95403 52906
Anand Vihar Bus Stand	Rahul Kumar	90503 86128
Police	Toll Free Number	100
Women Helpline	Toll Free Number	1091



Accommodation

Accommodation for all has been arranged as below:

SN	Category	Occupancy
1	Athletes	Triple Sharing
2	Technical Official	Twin Sharing
3	Support Staffs	Twin Sharing

Accommodation Arrangements

- Accommodation has been grouped sports wise and states wise.
- A help desk has been arranged in every hotel for facilitation.
- Accommodations will be provided two days prior to the event and one day post the event.



Transportation

Transportation for all has been arranged as below:

SN	Category	Mode
1	Athletes	Buses from Accommodation to Playfield and Playfield to Accommodation has been arranged. Transportation Volunteers will help to coordinate with the Bus Drivers
2	Technical Official	Buses from Accommodation to Playfield and Playfield to Accommodation
3	Support Staffs	Buses from Accommodation to Playfield and Playfield to Accommodation has been arranged. Transportation Volunteers will help to coordinate with the Bus Drivers

Transportation Arrangements

- In addition to above, Shuttle buses would be available at every venue
- All the vehicles will have Khelo India logo.





Catering for all has been arranged as below:

SN	Category	Meal Served
1	Athletes	Meal as per Nutritionist Recommendation
2	Technical Official	Meal as per Nutritionist Recommendation
3	Support Staffs	Meal as per Nutritionist Recommendation

Catering Arrangements

- Food Breakfast and Dinner will be served in the Hotels where the Athletes / Technical Official / Support staff are accommodated
 - Lunch will be provided at the Competition Venue.



Medical Assistance

Medical dispensaries will be deployed at all KIYG venues.

Emergency Services like Ambulance (Life-saving support) and fire brigade will be stationed at the venues and will ensure to cater to emergency requirements.

Ambulance: Doctor, physiotherapist and paramedical with first aid and stretcher near all FOPs.

Health Insurance is provided for all the participants.



Anti-Doping Program

NADA is implementing the event-based anti-doping education model at KIYG 2022 to promote clean sport practices amongst athletes and other stakeholders.



निष्पक्ष खेल Play fair Engaging tools like digital quiz, mobile game, anti-doping pledge, in-person workshops and crossword puzzle will be used to promote fair play.

Informative leaflets on risks associated with nutritional supplements, whereabouts, Therapeutic Use Exemption and Speak Up initiative will be made available.

NADA information kiosks will be placed at game venues for dissemination of antidoping information by trained volunteers.

NADA will carry out a social media campaign highlighting the anti-doping initiatives undertaken at KIYG 2022.

Doping Control Stations are made at all game venues to carry out efficient sample collection by authorized Sample Collection Personnel.

Athletes will be rewarded with souvenirs for participation in anti-doping activities, workshops and fair play initiatives.





Mobile Application – Download

- You can download the mobile application from Google Play store or via QR code for Android Devices
- Link for Google Play Store is below:

https://play.google.com/store/apps/details?id=com.sportsauthorityofindia.kheloindiagames

QR for Google Play Store



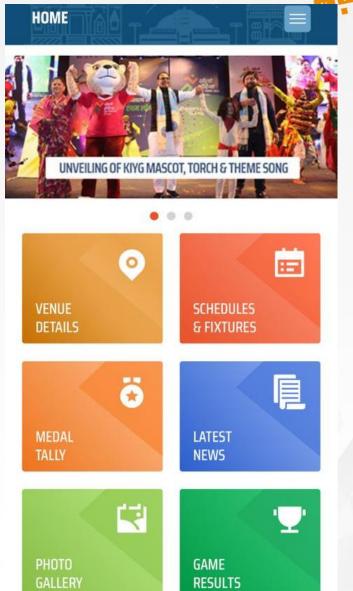
• Link and QR Code for App Store for iOS devices shall be shared soon.

Mobile Application

A Mobile application will provide the following information:

- 1. <u>Venue Details</u> Contains map projections to the selected game venues for the desired sports
- 2. <u>Schedules and Fixtures</u> To provide updates on ongoing and upcoming fixtures.
- 3. <u>Medal Tally</u> To provide details on medal winners per event
- 4. <u>Latest News</u> Updates on breaking news regarding KIYG 2022
- 5. <u>Photo Gallery</u> Exclusive in-action snapshots

6. Game Results





Mobile Application – My Profile

My Profile has been created to have a customized experience for an athlete at KIYG 2022

- 1. The athlete must log in with their NSRS Credentials to have access to My Profile section
- 2. Important Contacts The application shall contain important contact details per city
- 3. My Accommodation Details on the assigned stay and contact details.
- Catering details on food menu and timings per day.
- 5. Schedules & Fixtures Day wise schedule data for all the events

